

SWETA PRADARA VIS-À-VIS LEUCORRHOEA WITH DHATKYADI YOGA AND LODHRA QWATHA UTTARA BASTI

Meenakshi Shukla



AIJR Publisher

2020

Series: AIJR Thesis

More information about this series at –

<https://books.aijr.org/index.php/press/catalog/series/thesis>

***SWETA PRADARA VIS-À-VIS LEUCORRHOEA
WITH DHATKYADI YOGA
AND LODHRA QWATHA UTTARA BASTI***

by

Meenakshi Shukla

Rajasthan Ayurved University

Jodhpur, India

Published by

AIJR Publisher, Dhaurahra, Balrampur, India 271604



SWETA PRADARA VIS-À-VIS LEUCORRHOEA WITH DHATKYADI YOGA AND LODHRA QWATHA UTTARA BASTI

Author

Dr. Meenakshi Shukla
B.A.M.S, M.D(AY)
Gold Medalist, President Awardee
Rajasthan Ayurved University
Jodhpur, India

About this Monograph

This monograph is the part of a thesis of the author approved by the Department of Basic Principles, National Institute of Ayurveda, Jaipur, Jodhpur University, India as a partial fulfilment for M.D.(Ay.) Degree in September 2009. The original thesis title was " Principle Verification in Sweta Pradara vis-à-vis Leucorrhoea with Dhatkyadi Yoga and Lodhra Qwath Uttar Basti" written under the guidance of following supervisor-

Dr Ashutosh Tiwari,
Associate Professor (Retired),
National Institute of Ayurveda,
Near Jorawar Singh Gate,
Jaipur, India

ISBN: 978-81-942709-7-3 (eBook)
DOI: <https://doi.org/10.21467/thesis.99>

Series AIJR Thesis

Published
23 August 2020

Number of Pages
140

Imprint
AIJR Books

© 2020 Copyright held by the author(s) of the book. Abstracting is permitted with credit to the source.
This is an open access book under [Creative Commons Attribution-NonCommercial 4.0 International](#) (CC BY-NC 4.0) license, which permits any non-commercial use, distribution, adaptation, and reproduction in any medium, as long as the original work is properly cited.

Published by



AIJR Publisher, Dhaurahra, Balrampur, India 271604

About this Book

This book is a thesis monograph in which Ayurvedic view, regarding the disease Sweta Pradara Nidana (causes) alongwith Samprapti or etiopathogenesis has been discussed. The Prodromal symptoms, cardinal symptoms, complication, treatment principle, Upshaya-Anupshaya, Sadhyata-Asadhyata has also been described. Further, different types of Srava (discharges), whether physiological or pathological has been described along with their causative factors & correlation with relevant modern symptoms.

About the Author

The author Dr Meenakshi Shukla was born on 30th June 1980 on Keshawpur sarpatha p.o gyanpur,Bhadoli U.P. She has completed her Schooling from Central School and Delhi Public School vindhyanagar M.P with 82% marks along with Principal Medal from School. Since childhood she was a meritorious student who excel in both academic and extra curricular activities like Essay writing, sports, Dance, painting etc. She has done her graduation from Rani durgawati university, as a university topper and a awardee of four gold medal from honourable president late Dr. APJ Abdul kalam in 2006. As a topper she was offered one year housemanship from the college & hospital. After her graduation she was selected in two PG entrance examination and opt for national institute of ayurveda, jaipur. She has presented various national and international paper almost 27 publication in various UGC listed national & international Journal. She has delivered guest lecture in various CME programme. On working front she has served as lecturer in PT.Khushilal Sharma govt ayurvedic college for 5 years thereafter she got selected in UPPSC and serve herself in Govt Ayurvedic college Jhansi for 5 years and now serving as a assistant Professor in Deptt of Samhita Siddhanta in SKD govt Ayurvedic college Muzaffarnagar, U.P

Table of Contents

ABOUT THIS BOOK	I
ABOUT THE AUTHOR.....	II
<u>CHAPTER 1:.....</u>	<u>1</u>
HISTORICAL REVIEW ON PRADARA (LEUCORRHOEA)	1
ETYMOLOGY.....	1
HISTORICAL GLIMPSE.....	3
Vedic period.....	3
SAMHITA PERIOD	5
MEDEVIAL PERIOD	8
MODERN PERIOD:	9
AYURVEDIC VIEW REGARDING ANATOMY & PHYSIOLOGY OF FEMALE GENITAL ORGANS.....	10
Anatomical consideration of female genitalia:.....	10
EXTERNAL GENITAL ORGANS	11
INTERNAL GENITAL ORGANS	11
PHYSIOLOGICAL ASPECT OF WOMENS BODY	13
STATUS OF DOSHAS IN DIFFERENT EPOCHS OF WOMENS LIFE:	14
MODERN VIEW REGARDING ANATOMY & PHYSIOLOGY OF FEMALE GENITAL ORGANS:	15
ANATOMICAL VIEW:	15
THE UTERUS	18
THE OVARIES	20
PHYSIOLOGICAL VIEW	21
CONCLUSIVE REMARK	22
<u>CHAPTER 2.....</u>	<u>24</u>
SPOTLIGHT ON SWETA PRADARA (LEUCORRHOEA).....	24
AYURVEDIC DISEASE REVIEW	24
Sweta Pradara	24
Physiological Sweta Srava	26
Local pathological causes of swetasrava:	27
Purvarupa (Prodromal Symptoms)	35
Rupa (specific Symptoms).....	35
General symptom of Pradara.....	35
SAMPRAPTI (ETIOPATHOGENESIS):	42
Glimpse on Excreted Material of Sweta Pradara:.....	46
MODERN DISEASE REVIEW.....	46
Leucorrhoea	46

CHARACTERS OF PHYSIOLOGICAL SECRETIONS	48
Normal physiological discharge:	48
DEFENCE OF THE GENITAL TRACT.....	49
Defence of the Vagina.....	50
The Vaginal pH:	53
PATHOLOGICAL LEUCORRHOEA	54
TYPES OF DISCHARGE.....	57
Treatment	59
CERVICAL CAUSES:	60
UTERINE CAUSES:.....	61
Examination of patients	61
General examination.....	61
Local examination	61
Examination of vaginal discharge	61
MANAGEMENT OF LEUCORRHOEA.....	61
PRINCIPLE ANALYSIS.....	62
1 ELEMENTARY FACT OF THERAPY.....	65
CONCLUSIVE REMARKS.....	66

CHAPTER 3:.....68

INTERVENTION THROUGH AYURVEDA.....	68
DRUG REVIEW	68
CONTENTS OF DHATKYADI YOGA & LODHRA KASHAYA	69
OVERALL PROPERTY OF DHATKYADI YOGA & LODHRA	82
FORMULATION OF DRUG & IT'S APPLICATION.....	82
DHATKYADI YOGA:	83
LODHRA KASHAYA:	83
UTTAR BASTI.....	83
DEFINATION:.....	83
UTTAR BASTI YANTRA:	83
METHOD OF GIVING UTTAR BASTI IN WOMEN	84
BEST PERIOD FOR USE OF UTTAR BASTI IN WOMEN:.....	85
QUANTITY OF DECOCTION & OLEAGINOUS SUBSTANCE FOR UTTAR BASTI:.....	85
BENEFITS OF UTTAR BASTI:.....	85
PROBABLE ACTION OF DRUG	87
CONCLUSIVE REMARKS.....	88

CHAPTER 4:.....90

CLINICAL RESEARCH ANALYSIS	90
SELECTION OF PATIENTS:	90
PATIENT HISTORY SHEET:.....	90

EXAMINATION:.....	90
CLINICAL STUDY:	91
FIRST GROUP:.....	91
SECOND GROUP:.....	91
METHOD OF USING YONI PRAKSHALAN (VAGINAL DOUCHING):.....	91
PATHYA-APATHYA VIVECHAN (DIETIC REGIMEN):.....	91
STATISTICAL ANALYSIS:	92
EXAMINING THE PATIENT:	96
BIOCHEMICAL EXAMINATION:.....	96
OVERALL ASSESSMENT OF THERAPY:.....	96
2 STATISTICAL ANALYSIS	108
DISCUSSION.....	125
EXCESSIVE WHITE DISCHARGE:.....	125
MUCOID DISCHARGE:	125
BACKACHE, DRAGGING/PAIN SENSATION IN LOWER ABDOMEN & PAIN IN THIGHS:	126
BURNING SENSATION IN VAGINA:.....	126
BURNING SENSATION IN HAND & FEET & ANOREXIA:	126
HEADACHE, INTENSE ITCHING IN VULVA &VAGINA IRRITATION, WEAKNESS & FREQUENT MICTURATION:	126
PICHHIL SRAVA & PANDU SRAVA FROM YONI:.....	127
YONI SHAITYA & ALPA VEDANA IN YONI:	127
PANDU VARNA SHARIR & YONI KANDU:.....	127
HAEMATOLOGICAL EXAMINATION:.....	127
URINE EXAMINATION:	127
CONCLUSIVE REMARKS.....	128

SWETA PRADARA VIS-À-VIS LEUCORRHOEA WITH DHATKYADI YOGA AND LODHRA QWATHA UTTARA BASTI

Meenakshi Shukla



The author Dr Meenakshi Shukla was born on 30th June 1980 on Keshawpur sarpatha p.o gyanpur,Bhadoli U.P. She has completed her Schooling from Central School and Delhi Public School vindhyanagar M.P with 82% marks along with Principal Medal from School. She has done her graduation from Rani durgawati university,as a university topper and a awardee of four gold medal from honourable president late Dr. APJ Abdul kalam in 2006. As a topper she was offered one year houseman ship from the college & hospital. After her graduation she opt national institute of ayurveda, jaipur. She has delivered guest lecture in various CME programme. On working front she has served as lecturer in PT. Khushilal Sharma govt ayurvedic college for 5 years thereafter she got selected in UPPSC and serve herself in Govt Ayurvedic college Jhansi for 5 years and now serving as an assistant Professor in Deptt of Samhita Siddhanta in SKD govt Ayurvedic college Muzaffarnagar, U.P

2020

To learn more about AIJR Publisher
Please visit us at: www.aijr.in

AiJR

ISBN 978-81-942709-7-3

9 788194 270973