



第二届老龄志愿与公益服务学术论坛

Abstracts of the 2nd Academic Forum on Volunteering and Public Welfare for Older Adults

Organized by:

Institute of Population Research, Peking University
Institute of Ageing Studies, Peking University

Supported by:

Volunteer and Public Welfare Branch, China Association of
Gerontology and Geriatrics

Beijing, Dec. 7th, 2024



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Dr. Chengmeng Zhang

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*Abstracts of the 2nd Academic Forum
on Volunteering and Public Welfare
for Older Adults*

VPWO 2024 (7 December 2024)

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Preface

As the global population ages, the need to adapt our societal structures and services to better meet the needs of older adults has never been more pressing. The 2nd Academic Forum on Volunteering and Public Welfare for Older Adults (Beijing, Dec. 7th, 2024) seeks to address these challenges by exploring the intersection of volunteerism, public welfare, and the ageing population. This forum aims to bring together scholars, practitioners, and policymakers to share innovative ideas and research on how volunteers and public welfare systems can better serve older adults in a rapidly changing world.

This forum offers an invaluable platform for exchanging insights on topics such as volunteerism in care service for older adults, the role of public welfare in supporting ageing populations, intergenerational programs, and the integration of social services. By fostering a dialogue among experts from diverse fields, we aim to promote a holistic approach to enhancing the quality of life for older adults, empowering them to lead active, dignified lives.

In line with national strategies to address population ageing, this gathering also emphasizes the importance of building inclusive communities and effective welfare policies that support the well-being of older generations. The contributions made during this forum are set to inspire meaningful action, shape future research, and influence policy decisions that create an environment where older adults can thrive.

We are hopeful that the discussions and research shared here will serve as a catalyst for future efforts to enhance volunteerism and public welfare for older adults, ultimately advancing our collective goal of fostering an age-friendly society.

Prof. Gong Chen

Chair of the 2nd Academic Forum on Volunteering and Public Welfare for Older Adults

About the Conference

The 2nd Academic Forum on Volunteering and Public Welfare for Older Adults, held in Beijing on December 7th, 2024, brought together researchers, practitioners, and thought leaders from around the world to discuss the evolving role of volunteerism and public welfare in addressing the needs of older adults. Co-organized by Institute of Population Research and Institute of Ageing Studies at Peking University, also supported by Volunteer and Public Welfare Branch, China Association of Gerontology and Geriatrics, this forum offered an interdisciplinary platform to explore new ideas, showcase cutting-edge research, and promote collaboration across various sectors.

This year's forum focused on several key topics, including volunteer-driven care for older adults, the role of public welfare organizations in enhancing the well-being of older adults, social policies for aging populations, and the development of age-friendly communities. With contributions from scholars and practitioners from over 10 universities, the forum featured over 15 high-quality papers, each highlighting innovative approaches and solutions to the challenges faced by older adults.

The forum included a range of presentations, panel discussions, and workshops designed to foster knowledge exchange and collaboration. Special attention was given to volunteer initiatives that have proven effective in improving the lives of older adults, as well as public welfare systems that are addressing the social and healthcare needs of this growing demographic.

Keynote speakers provided valuable insights into the current state of volunteerism and public welfare for older adults, setting the stage for thought-provoking discussions on future strategies and policies. Participants also had the opportunity to engage with a network of like-minded professionals, making this forum an excellent occasion for building connections and expanding knowledge. In addition to the core sessions, the forum featured collaborative activities such as workshops, roundtables, special interest groups, which allowed participants to further engage with the topics at hand and exchange ideas on practical solutions. The organizing committee has curated a collection of the best research abstracts from the conference, with a focus on groundbreaking approaches and policies that can positively impact the lives of older adults in volunteer and public welfare contexts. These abstracts are presented in this book, which serves as a lasting record of the contributions made at the 2nd Academic Forum on Volunteering and Public Welfare for Older Adults.

We were excited about the opportunity to gather experts and thought leaders to tackle the critical issues facing older adults today and, in the future, and we looked forward to the collective wisdom that emerged from this conference.

About the Editors



Profesoor Gong Chen is a director of the Institute of Ageing Studies and a director of the Institute of Population Research at Peking University, editor in chief of the Journal of Population and Development and deputy editor of the Journal of Disability Research in China.

As the principal investigator, Prof. Chen successfully conducted more than 50 national research projects on population health and ageing, the ageing industry, gerontechnology, and disability prevention supported by the National Natural Science Foundation of China, National Social Science Fund of China, Ministry of Education of China, Ministry of Science and Technology of China, China National Health and Family Planning Commission, the Ministry of Civil Affairs and other state ministries and commissions in China. Prof. Chen also directed an assessment of the implementation of the Madrid International Plan of Action on Ageing in China in the fifth and tenth years. Prof. Chen was the leader for a national experts group of disability and ageing for the government and has participated in drafting, revising and writing many major national policy documents on population ageing and disability.

In recent years, Prof. Chen has published more than 80 SCI/SSCI papers and more than 60 CSSCI/CSCD articles. He has translated 5 books and published 3 books. He has won more than 20 scientific research awards such as the First Class of Science and Technology Progress Award by the Ministry of Education of China, the special award in a disability survey by the State Council of China.

Prof. Chen served as the director of Voluntary Service and Charity Division of CAGG (China Association of Gerontology and Geriatrics), director of Disability and Statistics of CDRS (China Disability Research Society), Technical Consultant of the National Information and Accessibility Expert Committee of China, an executive member of the council of the China National Industry Association on Ageing and so on.

In 2010, Prof. Chen was elected as a member of the youth committee of Chinese Central Government Departments. In May 2014, Prof. Chen was awarded as the National Advanced Individual in Helping People with Disabilities, awarded by Chinese President Xi and Premier Li. In 2015, Prof. Chen reported on a proposal of the disability and social welfare system to the CPPCC Chairman, Mr. Zhengsheng Yu, which was broadcasted on CCTV news.



Chengmeng Zhang is a doctoral candidate and a proposed Boya Post-doctoral Research Fellow of Institute of Population Research at PKU, where he is the recipient of the PKU-BHP Weiming-Fellow Scholarship in the field of Carbon and Climate. He was an Academic Visitor at the Oxford Institute of Population Ageing (University of Oxford), from October 2023 to June 2024, and also a Visiting Research Associate Staff at the University College London (UCL), from the May 2024 to June 2024. Chengmeng is actively involved in several academic capacities, as youth editorial member of the *Journal of Intelligent Society (in Chinese)*, and youth editorial member of *Carbon Footprints*, also an Article Editor (AE) of *SAGE Open*, and holds membership in renowned academic organizations such as IEEE. He also serves as research associate at Institute of Ageing Studies, Peking University, coordinator-in-chief of the Ageing and Wellbeing Initiative (ageingandwellbeing.org) with other colleagues. He is also an invited member of several thematic Discussion Groups on the United Nations Volunteers (UNV) Knowledge Portal. He holds multiple patents as a co-author. He has demonstrated his expertise by publishing research in various Chinese and international peer-review academic journals (SCI/SSCI/CSSCI), including contributions to *the Lancet Global Health*, *Aging and Disease*, *Environmental Politics*, *Sustainability: Science, Practice and Policy*, *IJERPH*, *Journal of Aging and Physical Activity*, *IEEE Transactions on Technology and Society*, and *Disability Research (in Chinese)*. His interests mainly focus on the fields of climate sociology (climate demography), environmental effect on health, aging research in smart societies, and philanthropy. These fields may seem diverse, but in fact the overlapping content is very concentrated.



Conference Agenda

2nd Academic Forum on Volunteering and Public Welfare for Older Adults

Meeting Time: December 7th, 2024 (Saturday)

Offline Meeting Location: Room 217, School of Economics Building, Peking University

Online Meeting Link: <https://meeting.tencent.com/dm/dZUPKxZrZMb9>

Tencent Meeting ID: 309-882-893 **Meeting Password:** 241207

Expert Lecture on Volunteering Services for the Elderly

Host: Bo Liang

PhD Student, Institute of Population Research, Peking University

09:30-09:35 Host's opening and introduction of the guests

09:35-09:45 Opening Speech

Prof. Gong Chen *Director, Institute of Population Research, Peking University Director,
Institute of Ageing Studies, Peking University*

09:45-09:50 Remarks by the Leader

Mr. Shiming Lv *Member of the Standing Committee of the 14th National People's
Congress of China, President of China Association of Volunteers for Persons with Disabilities.*

09:50-10:50 Expert Lecture on Volunteering Services for the Elderly: Session 1

- Timebanking Practices in Korea and Insights from Experiences (09:50-10:20)
- A Comparison of Practices in China, Japan, Thailand, and Korea (10:20-10:50)
- Q&A Session (10:50-11:10)

Dr. Hyeran Yang Executive Director of Timebanks Korea

11:10-12:10 Expert Lecture on Volunteering Services for the Elderly: Session 2

- Seeing Formal Caregivers in an Aging Society: Research Findings Based on Personal Caregivers in Elderly Care Homes in Hong Kong

Prof. Shixin Huang *Assistant Professor, Department of Applied Social Sciences,
Hong Kong Polytechnic University*



The Second Academic Forum on Aging Volunteer and Public Welfare Services (1 hour 20 minutes

lunch break)

13:30-14:30 *Expert Lecture on Volunteering Services for the Elderly: Session 3*

- *Community-based long-term care for ethnic minorities in the United States: the important role of senior day care centers*

Prof. Yawen Li *Professor, School of Social Work, California State University, San Bernardino*

14:30-16:00 *Roundtable Forum on Volunteering and Public Welfare Services for the Older Adults*

Host: Jin Hao *Master Student, Institute of Population Research, Peking University*

- *Suggestions for future collaboration: setting up a network for educating coordinators as the agency of paradigm shift and a joint research (14:30-14:50)*

Dr. Hyeran Yang *Executive Director of Timebanks Korea*

- *“Walk With Me”— How to Foster Equality and Harmony in Interactions with People with Disabilities (14:50-15:30)*

Mr. Jiaxi Tan *Co-Signer of the “International Youth Leaders Dialogue” Letter to President Xi Jinping*

Mr. Yifei Pan *Advocate for Fitness Movements & Documentary Filmmaker*

- *Reflections on the Application of Aerospace-Related Technologies in the Field of Health and Elderly Care (15:30-15:50)*

Mr. Yudong Hou *Deputy Director, Associate Researcher, China Aerospace Science Popularization and Innovative Development Research Center*

- *Q&A Session (15:50-16:00)*

The Second Academic Forum on Aging Volunteer and Public Welfare Services(5-

minute Break)



Host: Bo Liang PhD Student, Institute of Population Research, Peking University

16:05-16:10 *Remarks by the Leader of CAGG*

Mr. Shaozhong Wang *President of China Association of Gerontology and Geriatrics*

16:10-17:10 *Paper Presentation at the Second Academic Forum on Aging Volunteer and Public Welfare Services*

- The Impact of Community Environment on Musculoskeletal Health among the Elderly Adults in China (16:10-16:20)

Bo Liang *PhD Student, Institute of Population Research, Peking University*

- Research on the Evaluation System for Building a Social Environment of Filial Piety and Elderly Respect through Time Banks (16:20-16:30)

Prof. Shandong Zhou *Professor, School of Social Development, Hunan Women's University.*

- The Relationship Between Digital Algorithms and Internet Addiction among the Elderly in the Context of the Silver Economy (16:30-16:40)

Zhaoxue Li *Master's Student, School of Elderly Care Service and Management, Nanjing University of Chinese Medicine*

- The Impact of Inter-Generational Economic Support on the Employment of Older Adults (16:40-16:50)

Yutian Chen *Master's Student, Institute of Population Research, Peking University*

- Association of psychological resilience and frailty in middle-aged and elderly populations: a prospective cohort study (16:50-17:00)

Yuxing Zhao *Master's Student, London School of Economics and Political Science*

- A Study on Community Care Needs in the Context of Population Aging: A Case of Wuhan (17:00-17:10)

Dr. Li Yang *Senior Research Fellow, Institute of Sociology, Wuhan Academy of Social Sciences.*

17:10-17:30 *Comments by Experts and Scholars*



Mr. Tibiao Chen *Associate Professor, School of Economics and Management, East China Normal University*

Prof. Li Wang *Associate Professor, School of Nursing, Beijing University of Chinese Medicine*

17:30-18:00 *Practical Case Presentation at the Second Academic Forum on Aging Volunteer and Public Welfare Services*

- "Their Children, My Parents" : An Exploratory Case Study on the Development of a Palliative Care Assessment Tool: An Academic Practice Project (17:30-17:40)

Xu Zhang *Master's Student School of Social Development and Public Policy, Fudan University.*

- Research Report on Intergenerational Interaction Projects: A Case Study of the China Intangible Cultural Heritage: A Gathering of Young and Old (17:40-17:50)

Dr. Jingjing Sun *Lecturer, Shanghai University of Political Science and Law*

- Times of Beneficial Action | Healing the Heart through Art: Youth and Elderly Journey Together — A Case Study on the Co-Built Healing Group Salon Activity (17:50-18:00)

Jin Hao *Master Student, Institute of Population Research, Peking University*

18:00-18:20 *Comments by Experts and Scholars*

Dr. Haoyu Suo *Assistant Researcher, Institute for Social Development, National Development and Reform Commission*

Ms. Mingxiu Li *Director, Ailinli Social Organization Service Center, Zhangdian District, Zibo, Shandong Province*

18:20-18:30 *Announcement of Award Winners for Academic Forum Papers and Practical Case, Closing Speech, and Group Photo Session*

- Representative of the Awardees of Academic Papers and Practical Case Studies Gives an Acceptance Speech
- Closing Speech

Ms. Manli Chen *Senior Vice President, Beijing Yijiaolaoxiao Group Co.*

- Group Photo Session

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