

Keynote Lecture

# **The Future of the Use of Technology in Mental Health: The Benefits and Barriers Innovating Regarding the Use of Technology in Mental Health**

Gkouvas, Nikolaos

Founder / Director of Melapus, Board member & President of Informatics and Innovative Technologies,  
Hellenic Psychiatric Association, Greece

## **Abstract**

Pre covid tech seemed interesting but considered by many a thing for 2030. Covid on the other hand showed that the use of innovative technology is sometimes the only way to give quality services and easy access much needed. The nrs are staggering and change is happening fast. We will talk about the pros and difficulties that innovation can have when is used in mental health alongside Physiotherapy.

