

PP150

Post COVID Symptoms and Complications in Health

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ABSTRACT

It's difficult to predict long-term effects of COVID-19, still researchers are trying to understand why the symptoms are lasting for long period in patients post recovery. Some common signs and symptoms observed post recovery include: body pain, joints pain or headache, high blood sugar (hyperglycemia), fever, feeling of tiredness or lack of energy, loss of taste or smell, shortness of breath or difficulty breathing, coughing or chest pain, inability to focus or difficulty thinking or a lack of mental clarity (brain fog), rapid or fast heartbeat (heart palpitations), anxiety disorder or depression, dizziness or light headedness when standing up from sitting or lying down (ortho static hypotension), red bump rash on a flat, red patch of skin (maculopapular rash), symptoms that get worse after mental or physical activities. Post COVID complications are a broad range of new, ongoing, or returning health conditions, people can experience more than 28 days/4 weeks after first being infected with the coronavirus. Elderly old age group people and people having serious medical conditions such as diabetes, immune deficiency disorders, cancers or chronic diseases are more likely to experience these symptoms.

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